

Cardigan Consolidated School
Parent Newsletter
October, 2023

Lisa Myers Roche
Principal

<https://edu.princeedwardisland.ca/cardigan/>
Lisa Whelan: Administrative Assistant

Roy Power
Vice Principal



Dates to Remember

Thursday, Oct. 12th: Picture day & Cross Country Meet.

Tuesday, Oct. 24th: Home & School meeting 6:30PM

Friday, Oct. 27th: Professional Learning Day (no school)

Tuesday, Oct. 31st: Halloween

A Look Ahead:

Thursday, Nov. 9th: Cardigan Remembrance Day Ceremony

Monday, Nov. 13th: No School

Thursday and Friday, Nov. 16th & 17th: PEITF Annual Convention: No school



Picture Day

Thursday, October 12th.
Lifetouch will be at Cardigan School to take our fall pictures.

Reminder: students going to Cross Country will get their pictures taken before they leave for the event.

Home & School Meeting

The next Home & School Meeting is on Tuesday, October 24th at Cardigan School at 6:30PM.

ALL ARE WELCOME TO ATTEND



Sports Drinks

Please do not send pop or Gatorade type products with your child to school. Cardigan School is trying to promote a healthy school environment and to encourage students to make nutritious food and beverage choices.

Help us keep the air we share healthy and fragrance-free



The Public Schools Branch is bringing awareness to the increasing number of people who have sensitivities or serious reactions to scents and fragrances and to limit exposure.

The chemical used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other conditions.

All staff, students and visitors are expected to refrain from using, wearing, and bringing scented products and materials to a Public Schools Branch facility.



In Honor of Waste Reduction Week, Earth Rangers and Call2Recycle are challenging schools across Prince Edward Island to participate in the Battery Blitz School Mission contest.

Cardigan School is participating and students are asked to bring in their used batteries to school from October 4th - November 3rd, in order to be recycled. Any battery up to 5kg (with exception of wet-cell batteries) can be brought in.

The school's that collect the largest volume of batteries (by weight) will win a cash prize.

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The Earth Rangers School Assembly is an inspiring, interactive presentation featuring live animals, games and trivia, captivating video content, and two enthusiastic educators who not only teach kids about the environmental issues our planet is facing but empower them to take action.

Cardigan School was fortunate to have Earth Rangers at our school on October 4th for a school assembly.

We would like to thank Mr. Power for organizing this event.

Zone 4 Cross Country meet is on Thursday, October 12th at Southern Kings School. Rain date is Friday, October 13th. The following is the schedule of events:

11:30 - Pre-Novice Girls (1.5km)

12:00 - Pre-Novice Boys (1.5km)







12:30 - Novice Girls (2km)

1:00 - Novice Boys (2km)

Provincials will be held on Saturday, October 21st with location to be determined.



Tuesday, October 31st Halloween

-  We would like our students to come to school with their costumes on. If a mask is a part of your child's costume and it is NOT too scary, we ask that they wait to put it on when they get to school. Please do not wear masks on the bus. **Please do not bring any scary masks to school.**
-  Students are to leave any weapons that are a part of their costumes at home.
-  We will be having a costume parade in the gym at 8:35AM.
-  Students will be taking their costumes off before 1st recess and they will be put into their school bag.
-  Please do NOT send any treats with your child. Each class will be having a small Halloween party and will supply treats.
-  We will be having fun Halloween stations from 11:50AM-12:50PM that our leadership students have created.

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Pajama Day
Wednesday, November 1st

Students and staff are asked to wear their favorite PJ's to school.



REMINDER
Water bottles, Spoons and Forks

A reminder to parents to please send your child with a spoon or fork for their lunch. The Healthy Food Program does not supply utensils with the lunch they provide.

It is very important that your child brings a water bottle to school. We have 2 outdoor recesses; we have gym and other activities plus a snack and lunch. It is important for our students to stay hydrated throughout the school day.



CANADA
4-H PEI

4-H PEI is starting registration for the new school year and your child can get involved! 4-H is open to ALL youth on PEI ages 8-21. Kings County has 4 clubs that members can attend: Brooklyn-Heatherdale, Grand River East, Morell, and Summerville. 4-H is a family organization run by wonderful volunteers and club members. Within the program there are opportunities for your youth to explore your passions and interests. The Eastern Region offers projects such as equine, sewing, cycling, construction, and many more! 4-H is a very affordable program for all families! 4-H PEI strives to always be a safe, fun, and inclusive space for all youth and members - register today with interim Eastern Region Specialist Lesley (pei4heasternregion@gmail.com) today!



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Welcome to the
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**Being a safe place for your
child's big feelings might
sound like...**

"Thank you for telling me the truth."

"I feel scared too sometimes, I get that."

"I'm here to listen, and love you no matter what."

"I'm not mad at you for feeling."

"It makes sense to feel mad. I'm here with you. "

@seed.and.sew